



# École Lord Tweedsmuir Elementary School

October/November 2018

Principal Jen Richter  
Vice-Principal Debbie Ramen

## Upcoming Events in November

- Nov 2 – PAC Hot Lunch – Subway
- Nov 8 – Assembly Remembrance Day
- Nov 12–No school
- Nov 23 – PAC Hot Lunch – Sushi
- Nov 26 – Non Instructional Day (no school)
- Nov 28 – Early Dismissal 1:53 pm
- Nov 29 – Early Dismissal 1:53 pm

## School Mission

At Lord Tweedsmuir, our mission is to provide educational programs that are diverse, student centered and engaging for all learners.

## Principal's News

Dear Tweedsmuir Families,

It feels like it was just last week when we were welcoming students back to school after a wonderful summer break. Students have quickly settled into their new classrooms and routines and have made many new friends. We appreciate all of your support with making the transition to new classrooms as smooth as possible. As a school community, we are continuing to work together towards an environment where students are truly excited to come to school and learn.

The month of October has been busy with a number of activities. Please take a moment to read through the newsletter for more information. With the wonderful weather in October, many of our classes have been heading outside for a number of their activities as well as bringing the outdoors inside. Students have had the opportunity to think critically, creatively solve problems, ask curious questions, express opinions and to challenge ideas.

The staff have also had the opportunity to engage in meaningful learning as they look to improve communication of student learning. We have participated in some wonderful professional development and collaboration time focused on student conferencing, portfolio development, FreshGrade and assessment for learning. We hope to share more about our learning in the upcoming months.

We have been thrilled to see so many of you out supporting our students with our various school activities this Fall and look forward to spending more time together this year.

Warm regards,  
Jen

## School Goal

To improve student learning outcomes as students take ownership of their learning through portfolio development and student conferencing.

## First Nations Territorial Acknowledgement

Westminster Schools recognizes and acknowledges the Qayqayt First Nation, as well as all Coast Salish peoples, on whose traditional and unceded territories we live, we learn, we play and we do our work.

# École Lord Tweedsmuir Elementary

## Artists in the classroom

For the months of October through December, our kindergarten classes and our K/1 combined class will be crafting, playing and exploring puppets with ArtStarts Artist and Master Puppeteer Aglika Ivantechva. We are so grateful for her creative enthusiasm and leadership in this venture: welcome Aglika and welcome to all the new puppet characters who will develop as the workshops unfold. This project was supported by an Artists in the Classroom grant disbursed by ArtStarts in Schools and funded by the Province of British Columbia and the BC Arts Council, in addition to financial donations from our generous PAC and the school.

## PAC MEETING

Wednesday  
November 21,  
2018  
7 - 9 pm

Tweedsmuir Library

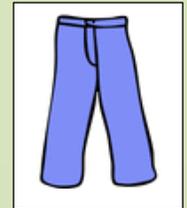
## LOST and FOUND

We have collected a large number of items on our Lost and Found table by the office. We are running out of space and would appreciate if you could identify your child's possessions as soon as possible! Please take a look at the pictures – at the end of this newsletter and see if you recognize anything.

Thank you.



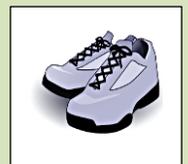
## WEATHER CHANGES



Please be sure your child is dressed appropriately for the rainy weather. Living in a rain forest makes it hard to escape the wet days. We always try to have the students enjoy outdoor recess as much as possible and the right outerwear makes a much more pleasant play time.



Sending along a change of clothing (to keep in the classroom) is welcomed by teachers for those inevitable days when clothing gets wet and dry socks and pants are needed.



## CHECK OUT OUR WEBSITE!

<https://lordtweedsmuirschool.ca/>

FOLLOW US ON TWITTER!

@TweedsNW



## Non-Instructional Day

Monday, November 26

Students do not attend



## Library Corner

**Thank you** for supporting our Scholastic bookfair! Our school library gets back 25% of the sales in books. Students helped me choose books from the fair and now 3 overflowing boxes are waiting for processing so that they can get into our students' hands!

I am now seeing every class on a regular basis. Please check with your classroom teacher for the schedule. During library time, I share a variety of books with students and then they have the opportunity to choose books to borrow for a two-week period. Primary students are working on making personal connections to the texts that we read. The next step that we will be taking is making connections between two different texts. Intermediate students are learning about text features (like the table of contents and the index) in non-fiction books.

Thank you for all of your support and for reading at home with your children!

Janis Bridger, Librarian/Teacher

## TERRY FOX RUN



Our Terry Fox Run this **year raised \$3,918.40.**

On September 26, Lord Tweedsmuir held its annual Terry Fox Run with 100% student and staff participation. Thank you to our parent volunteers for coming out to support the run and to Ms. Hardy and Ms. Alava who organized it.

## Music

Get ready for the Intermediate Grades 4&5 students of École Lord Tweedsmuir to get on stage to present *Winter Wonderland*, a musical performance filled with frosty, chilly, wintry magical songs! The concert will be held in the gym on Thursday, December 13th, 2018 with two performances available (one afternoon and one evening performance). Keep your eyes and ears open for further information regarding tickets!

**(Kindergarten, Grade 1, 2, & 3 music concerts will be later in the school year)**

Marci King, Music Teacher



## BELL SCHEDULE

8:55 a.m. Welcome Bell

9:00 a.m. Instruction

10:20 a.m. Recess

10:40 a.m. Instruction

12:00 p.m. Lunch

12:40 p.m. Instruction

2:53 p.m. Dismissal

## Garden Committee

After a hearty fall full of tomatoes, kale and kohlrabi, sunflowers, marigolds and pansies, students and staff have put their hands in the earth, preparing the garden for its more somnolent winter phase. Please be aware of the wintering plants, seeds and bulbs still in the beds. Please guide your children when in the garden, making sure our choices in this wonderful place are in line with our Four Guiding Words in the Garden: Respect, Connect, Reflect and Protect. Thank you for your continued support and participation!



## School Newsletters

Newsletters will be posted to our website every month  
<https://lordtweedsmuirschool.ca/>

## CURRICULUM

Interested in learning more about the changes to the curriculum?

Check out:

<https://curriculum.gov.bc.ca/>

## HEALTH

As students return to school, it is important that they learn about precautions that can help safeguard everyone's health. We ask for support from parents in teaching students these concepts:

- Stay home when you're sick.
- Cover your mouth and nose with a tissue when coughing or sneezing.
- Wash your hands often with soap and water.
- Avoid touching your eyes, nose or mouth.
- Practice other good health habits. Get plenty of sleep, be physically active, manage stress, drink plenty of fluids, eat nutritious food and avoid smoking.



**REMEMBRANCE  
DAY  
ASSEMBLY  
THURSDAY,  
NOVEMBER 8, 2018**



This is a student-led assembly that will include Kindergarten to Grade 5 students.

## Upcoming Events in November

Nov 2 – Hot Lunch

Nov 8 – Assembly  
Remembrance Day

Nov 12 – No school

Nov 13 – DPAC

Nov 23 – Hot Lunch

Nov 26 – No School

Nov 28 – Early  
Dismissal 1:53

Nov 29 – Early  
Dismissal 1:53

## December

Dec 13 – Winter  
Concert: Gr 4 & 5

Dec 14 – Report  
Cards Home

Dec 14 – Hot Lunch

Dec 21 – Last Day  
before Winter  
Break

## November

SUN	MON	TUES	WED	THURS	FRI	SAT
				1	2 PAC Hot Lunch – subway	3
4	5	6	7	8 Remembrance Day Assembly	9	10
11	12 Remembrance Day – school closed	13 DPAC Meeting – Library	14	15	16	17
18	19	20	21 PAC Meeting Library 7:00—9:00 pm	22	23 PAC Hot Lunch – Sushi	24
25	26 Non-Instructional Day – no school	27	28 Student Conferences – Early dismissal 1:53	29 Student Conferences – Early dismissal 1:53	30	

### Student Conferences

**On Wednesday, November 28 and Thursday, November 29, 2018**

Students will be dismissed **early at 1:53 pm**.  
Individual teachers will arrange appointment times.

# École Lord Tweedsmuir Elementary

## ÉCOLE LORD TWEEDSMUIR ELEMENTARY 2018 - 2019 SCHOOL CALENDAR

### LENGTH OF SCHOOL DAY

<b>Welcoming Bell: Start Time</b>	<b>8:55 a.m.</b>	<b>-</b>
<b>Instruction</b>	<b>8:55 a.m.</b>	<b>10:20 a.m.</b>
<b>Recess</b>	<b>10:20 a.m.</b>	<b>10:40 a.m.</b>
<b>Instruction</b>	<b>10:40 a.m.</b>	<b>12:00 Noon</b>
<b>Lunch</b>	<b>12:00 Noon</b>	<b>12:40 p.m.</b>
<b>Instruction</b>	<b>12:40 p.m.</b>	<b>2:53 p.m.</b>
<b>Dismissal</b>	<b>2:53 p.m.</b>	<b>-</b>

### CALENDAR INFORMATION

Monday, September 3, 2018	Labour Day Holiday	School Closed
Tuesday, September 4, 2018	School Opening	Partial Day: 8:55 – 9:55 a.m.
Thursday, September 20, 2018	Open House	6:00- 7:00 p.m.
Friday, September 21, 2018	Curriculum Implementation Day	School closed for students
Wednesday, October 3, 2018	Collaboration Day – Early Dismissal	11:30 a.m. dismissal
Monday, October 8, 2018	Thanksgiving Day Statutory Holiday	School closed
Friday, October 19, 2018	Provincial Pro D Day	School closed for students
Monday, November 12, 2018	Remembrance Day Statutory Holiday	School closed
Monday, November 26, 2018	Non-instructional Day	School closed for students
<b>Wednesday, November 28, 2018</b>	<b>Student Conferences</b>	<b>1:53 p.m. dismissal</b>
<b>Thursday, November 29, 2018</b>	<b>Student Conferences</b>	<b>1:53 p.m. dismissal</b>
Thursday, December 13, 2018	Winter Concert	1:45 p.m. and 6:30 p.m.
Friday, December 14, 2018	Term 1 report cards home	
Friday, December 21, 2018	Last day of school before Winter Break	
December 24, 2018 – January 4, 2019	Winter Vacation	School closed
Monday, January 7, 2019	Schools reopen	
Wednesday, February 6, 2019	Collaboration Day – Early Dismissal	11:30 a.m. dismissal
Monday, February 18, 2019	Family Day	School closed
Friday, February 22, 2019	Non-instructional Day	School closed for students
<b>Wednesday, March 6, 2019</b>	<b>Student Conferences</b>	<b>1:53 p.m. dismissal</b>
<b>Thursday, March 7, 2019</b>	<b>Student Conferences</b>	<b>1:53 p.m. dismissal</b>
Thursday, March 14, 2019	Term 2 Report Cards Home	
Friday, March 15, 2019	Last day of school before Spring Break	
March 18 – 29, 2019	Spring Break	School closed
Monday, April 1, 2019	Schools reopen	
Friday, April 19, 2019	Good Friday Statutory Holiday	School closed
Monday, April 22, 2019	Easter Monday Holiday	School closed
Monday, April 29, 2019	Non-instructional Day	School closed for students
Friday, May 17, 2019	Non-instructional Day	School closed for students
Monday, May 20, 2019	Victoria Day Statutory Holiday	School closed
Thursday, May 30, 2019	Spring Concert	1:45 p.m. & 6:30 p.m.
Wednesday, June 26, 2019	Grade 5 Acknowledgement Assembly	
Thursday, June 27, 2019	Last Day for Students	1:45 p.m. dismissal
Thursday, June 27, 2019	Final Report Card Home	
Friday, June 28, 2019	Administration Day	School closed for students

# École Lord Tweedsmuir Elementary

## École Lord Tweedsmuir Elementary School

1714 Eighth Ave

New Westminster,  
BC

V3M 2S7

Phone: 604.517.6070

Fax: 604.517.6071

Email:

[lordtweedsmuir@  
sd40.bc.ca](mailto:lordtweedsmuir@sd40.bc.ca)

**Check us out on the  
web!**

[https://lordtweedsmuir  
school.ca](https://lordtweedsmuir.school.ca)

Follow us on Twitter:  
@TweedsNW

### Lord Tweedsmuir PAC

The Parent Advisory Council (PAC) is an open group who represent the parents and students of the school. They meet regularly throughout the year and provide an opportunity for families to be involved in their child's school life. The PAC provides parents/guardians with a voice to liaise with school staff, the Principal and the School Board in matters concerning education. Your involvement is welcomed and encouraged. Dates for PAC meetings are usually the second or third Wednesday of every month in the evening at 7:00 pm in the school library.

**Chair**

Jason Leber  
[Tweedsmuir PAC Chair](#)

**Vice-Chair**

Charmaine Urbano

**Secretary**

Christina Turton

**Treasurer**

Sloane Drennan

**Fundraising**

Carolyn Hanna

**Special Events Coordinators**

Stephanie Chan and Merryn Leber

[PAC Facebook Page](#)

[Hot Lunch Program](#)

### Canadian Parents for French

Furthering bilingualism by promoting and creating opportunities for students to learn and use French.

### **Mosaic Settlement Workers in Schools (SWIS)**

Settlement Workers, employed by Mosaic, provide information and services for newcomer families and youth with Permanent Resident status. We help families adapt to life in Canada through 1-on-1 consultations, workshops for children, parents, grandparents, field trips, volunteering opportunities for adults and youth, and leadership training for youth.

Services and supports are available in different languages such as: Tagalog, Korean 한국어, Mandarin 普通话, Farsi and Turkish.

Interpretation can also be arranged if necessary.

For more information, please contact: Maniya Rafiei

PH: 778-628-0111

Email: [mrafiei@mosaicbc.com](mailto:mrafiei@mosaicbc.com)

# École Lord Tweedsmuir Elementary



## NOTE FROM YOUR PUBLIC HEALTH NURSE . . . . .

I would like to take this opportunity to welcome you to the new school year! My name is **Sarb Sarai** and I am the Public Health Nurse assigned to Lord Tweedsmuir.

My office is located at the New Westminster Health Unit. The health unit is open Monday to Friday from 08:30 am to 4:30 pm. Please feel free to contact me there.

I am available to assist school staff and parents in identifying children with health concerns. These concerns may be physical, emotional or social. My help might involve assisting with referrals to other agencies.

Please report all students with a suspected communicable disease (e.g.: measles, mumps, pink eye, rubella) to myself for follow up if necessary. Also, it is important to inform the school if a student receives long-term medication, has any medical concerns, or has a life-threatening allergy.

I am looking forward to working with you all this year. Please do not hesitate to phone me if you have any questions or concerns about your child, or need some health information. **You may reach me at (604) 777-6710.**

Sarb Sarai RN(c), BSN  
Public Health Nurse

Fraser Health  
Public Health Services  
218-610 Sixth Street  
New Westminster BC  
V3L 3C2

[www.fraserhealth.ca](http://www.fraserhealth.ca)

## Get tips on how to help your child with back-to-school anxiety.

While experts say some anxiety about school is normal, parents should take it seriously and ensure it does not progress and create ongoing mental health issues. Here are some suggestions:

1. **Ask your child what's making them worried.** Tell them that it is normal to have concerns. You can also share some of your own general fears to demonstrate this normalcy.
2. **Children feel most comfortable in a private space with your undivided attention.** Before bedtime or at the dinner table are also great times for conversation.
3. **Some children like distractions to cut the intensity of their worries,** like driving or taking a walk with you.
4. **Do not tell them “Don’t worry!” or “Everything will be fine!”** Instead, encourage your child to problem-solve. For example, “What could you do if the worst happened and your ‘what-if’ came true?”
5. **Focus on the positive.** Encourage your child to redirect attention away from the worries.
6. **Reflect on your own behaviour.** Some parents are anxious about handing over care and responsibility of their child to teachers. Children take cues from their parents. The more confidence and comfort you can model, the more your child will relax.
7. **Ask your child,** "What are three things that you are most excited about on your first day of school?" Chances are you will be able to remind them of the fun things in school.
8. **You can tell your child,** “Being brave does not mean not fearing. Being brave means overcoming while fearing.”
9. A week before school starts, **begin the school-day routine** – waking up, eating, and going to bed at regular times. Explain that everyone in the family needs to practice the new schedule, so he or she doesn't feel alone with these changes.
10. **Anxious children often forget to eat.** They don't feel hungry and don't get enough sleep. Provide frequent and nutritious snacks for your child to help them cope.
11. For older children unable to get up and out of bed, **give them a ‘big person’ alarm clock** and let them practice using it.
12. Younger children may be nervous about separating so suggest **taking a special object to school to remind them of home.**
13. **A reassuring note in a child's lunch** can also help ease separation anxiety.
14. **Tell your child's teacher that they are having some separation anxiety** – most teachers know how to handle this.
15. Most important – **praise and reward** your child for brave behavior.

